Rapid Medical Assessment

of Mental Health Patients @ TSH

Patient status: Voluntary / Schedule: \_\_\_\_\_\_\_\_\_\_\_\_\_\_ (delete as appropriate)

Brief description of presenting problem:

Physical observations:

|  |  |  |
| --- | --- | --- |
| Parameter | Acceptable range | Triage observations |
| RR | 10- 25 bpm |  |
| SaO2 | > 94% RA |  |
| Syst. BP | 100 – 180 mmHg |  |
| HR | 50 – 120 bpm |  |
| Temp | 35.5 – 38.5 C |  |
| BSL | 4 - 15 mmol/L |  |

Physical examination:

Client meets low risk criteria (all required):

* Age 16-65 years
* No acute medical health problems requiring additional treatment in the ED (includes trauma, overdose, drug side effects)
* No altered consciousness (GCS 15, no delirium\*)
* Not the first presentation to Mental health services
* This presentation is not significantly different to previous MH presentations\*\*
* Not requiring acute parental sedation to manage aggression/ behaviour or psychosis.
* Considered to be low risk for acute drug/ alcohol withdrawal\*\*

\*Alcohol ingestion does not preclude mental health assessment if patient meets all other low risk criteria

\*\*Clinical judgement should be applied. Liaise with mental health team if unable to determine from notes.

**The patient meets ALL low risk criteria for acute medical/ organic illness and physical observations are within normal limits. Therefore, the patient can be transferred to the care of the psychiatry team without needing further Emergency medical assessment or investigation. Where required and after discussion with the admitting psychiatry consultant, medications for admission have been charted.**

Ongoing (non-urgent) medical assessment that is required on the MHU:

* (e.g collect urine for B-hcg/ chase report of XR)

**During the trial period of the RMA form please still discuss all LOW risk patients with the duty FACEM (or senior registrar on night shift). If the client does not meet all low risk criteria then a full ED assessment is required – if you are unsure please discuss with the duty senior medical officer.**